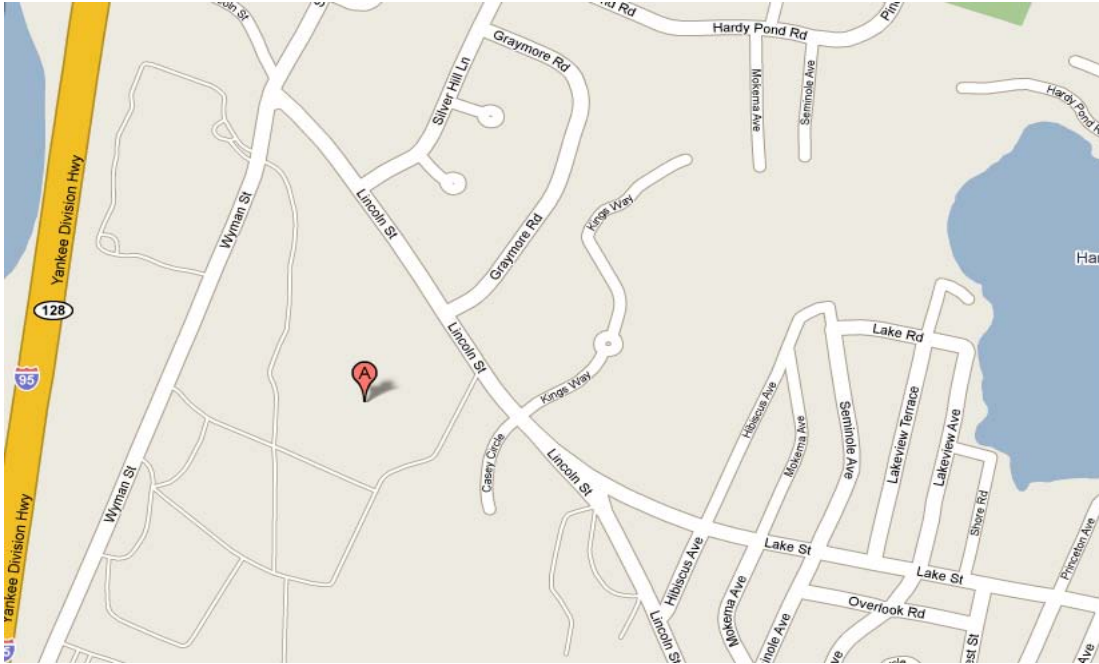


**On-Q-ity**  
610 Lincoln Street  
3<sup>rd</sup> floor, North Building  
Waltham, MA 02451  
T: 781-895-8100



**From the North:**

- Take Rte. 95/128 South to Exit 28 (Trapelo Rd., towards Belmont)
- Turn left at Trapelo Rd. and follow for .3 miles
- Right at Smith St. for .3 miles
- Left at Lincoln St. for .3 miles
- 610 will be on your right, turn into the driveway and take your first right into the parking lot
- 610 North is the red brick building set back from the parking lot – we are on the 3<sup>rd</sup> floor.

**From the South:**

- Take Rte. 95/128 North to Exit 27B (Wyman St./Winter St./Totten Pond Rd.)
- At end of ramp, turn left onto Wyman St. and follow for .4 mile.
- Turn right at sign saying, “590 and 610 Lincoln Street / Fitcorp” and follow for .2 miles in parking area
- Turn left into our parking lot, at small blue sign on your left “590 and 610 Lincoln Street”
- 610 North is the red brick building set back from the parking lot – we are on the 3<sup>rd</sup> floor.

**From the Boston:**

- Take the Mass Pike/Route 90 West to Exit 15 (95/128 North)
- Follow Rte. 95/128 North to Exit 27 B (Wyman St./ Winter St./Totten Pond Rd.)
- At end of ramp, turn left onto Wyman St. and follow for .4 mile.
- Right at sign saying, “590 and 610 Lincoln Street / Fitcorp” and follow for .2 miles in parking area
- Left into our parking lot, at small blue sign on your left “590 and 610 Lincoln Street”
- 610 North is the red brick building set back from the parking lot – we are on the 3<sup>rd</sup> floor.

**From the West:**

- Take the Mass Pike, Rte. 90 East to Exit 14 (95/128 North)
- Follow Rte. 95/128 North to Exit 27B (Wyman St./ Winter St./Totten Pond Rd.)
- At end of ramp, turn left onto Wyman St. and follow for .4 mile.
- Right at sign saying, “590 and 610 Lincoln Street / Fitcorp” and follow for .2 miles in parking area
- Left into our parking lot, at small blue sign on your left “590 and 610 Lincoln Street”
- 610 North is the red brick building set back from the parking lot – we are on the 3<sup>rd</sup> floor.